

EGD (Esophagogastroduodenoscopy) Instructions

Bozeman Clinic @ 1245 N. 15th Avenue, Bozeman, MT 59715 406.587.4242

Name: _____

Date of Procedure: _____ Check-In Time: _____ AM / PM

Enrolled in Athena? Yes / No If not, please arrive at the clinic 15 minutes prior to your appt. time @ _____

May have _____ oz. water no later than: _____ AM/PM on ____/____/____

Metformin / Insulin instructions (if applicable): _____
Day before: _____ Morning of EGD _____

Radiology prior to procedure (**previous difficulty w/ IV's**): Yes / No

If yes: we will schedule you with Radiology @ x1762 - Patient Registration @ _____ AM / PM

Antibiotic (if applicable): _____

Check with your insurance. CPT codes: 43239 - EGD

Driver - because we care about your safety and other drivers around you, AND because **it is against Montana State law to drive while under the influence of narcotics**, you will need to arrange for a driver to take you home. That driver will need to be in the Bozeman Clinic to sign for you following your procedure(s). If you are unable to find a driver and need to call a taxi, Uber, ride the bus, etc., you will need to wait in the waiting room or a clinic room for a designated amount of time.

EGD stands for esophagogastroduodenoscopy. With the use of a flexible endoscope, your physician will be able to look into your esophagus, stomach, and duodenum to find out why you are having problems. If there are areas that do not look completely normal, small bits of tissue called biopsies may be taken.

Approximate time you will be finished: _____ AM / PM [See corresponding driver pickup time below]

8am @ 9:30am 10:30am @ 12:15pm 12:45pm @ 2:15pm 3pm @ 4:30pm

1 week before your procedure, **STOP** medications that thin your blood (i.e., treating blood clots, preventing heart attacks or strokes), NSAIDs, fish oil, or ginkgo.

Ask the doctor when to stop taking any medications that are prescribed for you [see examples on last page].

Medication instructions: _____

Approximately 1 week prior to your procedure, you will receive a call from a scope nurse who will review the instructions in this guide with you, ask you questions about your medical history, review your medications, and tell you which meds (if any) to take the morning of your procedure.

Day of Your Procedure _____

- It is okay to brush your teeth the morning of your procedure, but **make sure you do not swallow any fluid.**

Our office is open Monday-Thursday 8am-6pm and Friday 8am-5pm. You may contact us during these business hours @ 406-587-4242 for any questions or concerns you may have regarding the preparation or procedure - please ask to speak to one of the scope nurses.

If it is after business hours or the weekend and you have urgent questions, you may contact the hospital @ 406-414-5000 and ask for the Bozeman Clinic on-call doctor to be paged.

If you need to cancel or reschedule your appointment, please call our office @ 406-587-4242 as soon as possible so that we may facilitate filling your appointment time. We appreciate your understanding.

Examples of medications / supplements to avoid 1 week prior to procedure(s) include:

Warfarin (Coumadin)	Fish Oil	NSAIDs (non-steroidal anti-inflammatory drugs)
Dalteparin (Fragmin)	Ginkgo	Aspirin (Bufferin, Bayer, Excedrin)
Heparin		Ibuprofen (Advil, Motrin, Nuprin)
Tinzaparin (Innohep)		Naproxen (Aleve, Naprosyn, Anaprox, Alfaxin, Midol, Vimovo)
Enoxaparin (Lovenox)		Celebrex (Celecoxib)
Clopidogrel (Plavix)		Meloxicam (Mobic)
Cilostazol (Pletal)		Indomethacin (Indocin)
Apixaban (Eliquis)		Ketorolac (Sprix, Toradol)
Pradaxa (Dabigatran Etexilate)		Peroxicam (Feldene)
Xarelto (Rivaroxaban)		Nabumetone (Relafin)
Sulindac (Clinoril)		Famotidine and Ibuprofen (Duexis)
Etodolac (Lodine XL, Lodine)		Meclofenamate (Meclomen)
Fenoprofen (Nalfon)		Ketoprofen (Orudis KT, Oruvail, Actron)
Flurbiprofen (Said)		Diclofenac (Arthrotec, Cataflam, Voltaren, Cambia, Zipsor)
Mefenamic Acid (Ponstel)		Salsalate (Amigesic, Disalcid)
Oxiprozin (Daypro)		Tolmetin (Tolectin)
		Dolobid (Difunisal)